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INSTRUCTION MANUAL CABLE GRAB

FOR FALL ARREST

These manufacturer's instructions shall be made available to and understood by all users of this equipment.

FALL PROTECTION

Product No.

RG-5000



1801 Westfall Drive
Columbia, MO 65202
(800) 940-6762
www.gmesupply.com

GENERAL INSTRUCTIONS

RG-5000 cable grabs meet OSHA requirements. Maximum user weight 310 lbs.

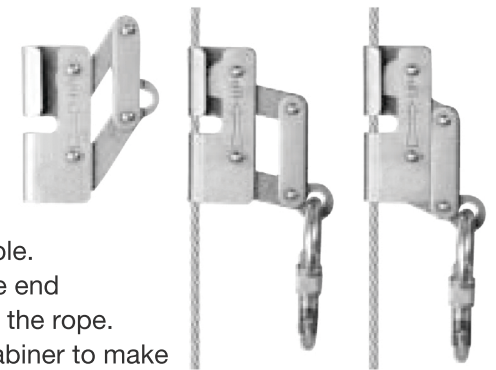
The cable grab is a cam activated fall arrester which slides freely up and down a steel wire cable of compatible diameter and locks up on the cable to arrest a free fall. It can be used on either galvanized or stainless steel cable of the correct diameter and construction.

The RG-5000 is designed for 10 mm or 3/8" galvanized 7x9 aircraft cable. It is made of stamped and bent stainless steel.

The cable grab is connected to the sternal (chest) attachment point(s) on the full body harness via a carabiner (included).

INSTALLATION AND USE

- Remove the carabiner from the cable grab.
- Hold the cable grab with the arrow pointing up.
- Squeeze the grab while pushing the protruding lever upward.
- Release the cable grab.
- Rotate the device 90 degrees clockwise.
- Insert the cable in the slot at the center of the device.
- Rotate the device 90 degrees counter clockwise gripping the cable.
- Insert a carabiner in the eye at the end of the lever to lock the grab around the rope.
- Pull briskly downward on the carabiner to make sure the grab locks on the cable in the event of a fall.
- Connect the carabiner directly to the sternal attachment point(s) of the full body harness.



INSPECTION

Cable: Prior to climbing, inspect the cable for broken strands, bird caging, or corrosion. Inspect the upper termination, the energy absorber, and the anchor for signs of deformation.

Grab: Prior to use, inspect for corrosion, proper movement of parts, and ability to lock on the cable.



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